

WHAT DOES AN

# OPIOID OVERDOSE OR FENTANYL POISONING

# LOOK LIKE?



**Opioids like fentanyl slow down or stop breathing.**  
When breathing slows or stops, the brain and body don't get enough oxygen—this can quickly become deadly.

## COMMON WARNING SIGNS



### BREATHING CHANGES

- Slow, shallow, or stopped breathing
- Gurgling, choking, or snoring sounds



### BODY & SKIN

- Lips or fingernails turn blue, gray, or purple
- Pale, clammy, or cold skin



### AWARENESS

- Won't wake up or respond
- Unconscious or unable to speak



### EYES

- Pinpoint (very small) pupils

## OTHER POSSIBLE SYMPTOMS

- ✓ Extreme drowsiness or "nodding off"
- ✓ Confusion or unusual behavior
- ✓ Vomiting
- ✓ Slow heartbeat



## IMPORTANT TO KNOW

- ✓ Every second counts.
- ✓ You cannot "sleep off" an overdose.
- ✓ Good Samaritan laws may protect those who call for help.

## WHY FENTANYL IS DIFFERENT



Fentanyl is extremely powerful—even tiny amounts can cause overdose.



It is often hidden in fake pills or mixed with other drugs.



Many people don't know they've taken it.

## WHAT TO DO IN AN EMERGENCY



**1 CALL 911 IMMEDIATELY**  
Tell them someone is not breathing or unconscious.



**2 GIVE NALOXONE (NARCAN) IF AVAILABLE**  
Can reverse an opioid overdose. May require multiple doses.



**3 TRY TO WAKE THEM**  
• Shout their name  
• Rub knuckles firmly on their chest



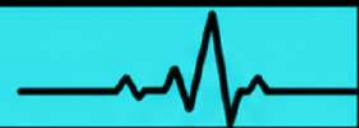
**4 SUPPORT BREATHING**  
If trained, give rescue breaths.



**5 STAY UNTIL HELP ARRIVES**  
Place them on their side (recovery position).



**IF YOU'RE NOT SURE—TREAT IT LIKE AN OVERDOSE AND ACT FAST.  
IT COULD SAVE A LIFE.**



LEARN MORE  
[FacingFentanylNow.org](http://FacingFentanylNow.org)



YOU CAN SAVE  
A LIFE.



THIS SPRAY CAN  
SAVE A LIFE.